



AUSTRALIAN
SALESMASTERS
TRAINING CO
RTO#6854



CHC33021

Certificate III in Individual Support (Ageing and Disability)

Course Overview

Discover the fulfilling world of individual support with our Certificate III in Individual Support program tailored to ageing and disability care. This comprehensive course equips you with the essential skills and knowledge to make a meaningful impact in the lives of others as a disability support or aged care worker. Delve into the intricacies of person-centred care, understanding the diverse needs of individuals, and fostering independence and wellbeing to provide individualised support that helps your clients reach their full potential, engage with their community and pursue their personal goals.

Entry requirements

- There are no entry requirements for this qualification. You can enrol today.
- This course is offered as a traineeship and Smart and Skilled Funded Program. Enquire today to check the eligibility requirements.

Entry recommendations

To be prepared for this course, we recommend that you have:

- A passion for working with a diverse range of people
- A reasonable level of fitness and flexibility to carry out manual handling
- Access to a computer and reliable internet connection

Important information

This qualification contains content, concepts and scenarios that may be distressing to people who have experienced traumatic events. Please consider your personal resilience and any potential emotional triggers when participating in this qualification and in any future employment in this field.

 138 300 | 1800 180 480

 info@astc.edu.au
 www.astc.edu.au

Learning outcomes

This course will help you develop skills and knowledge essential for success in the disability support and aged care sectors. Through a mixture of theory and practical coursework, you will learn to:

- Help clients with domestic duties and personal care needs
- Help clients with their social and emotional health
- Aid clients to move safely from one area to another
- Assist clients in navigating the NDIS system and gain access to other services
- Empower clients to feel independent and reach their goals
- Communicate effectively and build professional relationships with clients, carers and families
- Master techniques for providing support with dignity, respect, and cultural sensitivity
- Implement safety procedures and infection control measures

Course outcomes

Upon successful completion of this course, you will receive a nationally recognised qualification at the Certificate III level. By completing 120 hours of work placement with a suitable industry employer, you will gain practical experience and develop specialist skills that will give you an advantage in the job market. The course will provide you with the skills and knowledge necessary to succeed in a wide range of individual support roles, including aged care worker, home and community care worker, disability support worker, NDIS worker, residential support worker, disability school support officer and disability service officer.



Course Details

This course is divided into a series of units, including both core and elective units.

Total Number of Units = 15 • 9 Core units • 6 Elective units

Course Duration: 6 months

The course is designed to be completed in 6 months, excluding 120 hours of work placement. The duration of the course may vary depending on your individual circumstances.

Delivery modes

This course is delivered using blended learning, including online, face-to-face, and workplace training.

Assessments

Participants undertaking this course must complete various assessment types for each accredited unit as part of their competency evaluation and evidence-gathering strategy. Assessments may include activities, knowledge tests, workplace-related projects, workplace observations, role plays, supervisor sign-offs and work placements.

Your experience counts

At ASTC, we recognise your previous study and work experience. You can apply for recognition of prior learning or a credit transfer with any of our courses. If you are successful, you will be able to get your qualification faster.

Pathways

This qualification offers a strong pathway to further study in aged care, nursing or community services. Upon completing this course, you may continue your education and undertake further studies by enrolling in a higher-level course, such as CHC43015 – Certificate IV in Ageing Support and CHC43121 – Certificate IV in Disability Support. These courses will equip you with the advanced skills and knowledge necessary to take on more senior roles in the disability support or aged care sectors.